



**MEDICARE ADVANTAGE MEMBERS
ENROLL IN A WEIGHT-LOSS PROGRAM
RECEIVE UP TO \$150**

IT PAYS TO LOSE WEIGHT

“Living a long and healthy life” means something different to everyone. If being in your best health means managing and maintaining your weight, we’ve got a very healthy incentive: our Weight-Loss Benefit.

What is the Weight-Loss Benefit?

When you enroll in a qualified weight-loss program, you can receive up to \$150 per calendar year toward your program fees. Employer group benefits may vary.

What kinds of programs qualify?

Hospital-based programs and WW in-person, WW online and other non-hospital programs (in-person or online) that combine healthy eating, exercise, and coaching sessions with certified health professionals such as nutritionists, registered dietitians, or exercise physiologists.

What kinds of programs don’t qualify?

Fees paid for individual nutrition counseling sessions, one-time initiation or termination fees, food, supplements, books, scales, or exercise equipment don’t qualify for the benefit.

To receive your reimbursement, simply follow the steps below:

1. Start by picking a qualified weight-loss program.
2. After you pay for the program, fill out the attached form, or use our online reimbursement tool through your MyBlue account.
3. Mail the completed form to the address at the bottom of the form.

If you have any questions, please call the Member Service number on your ID card.

Important Information:

- Reimbursement requests must be submitted by March 31 of the following year.
- Keep copies of all your paperwork and proof of payment in case we request them from you. Proof of payment includes the following:
 - » Itemized, dated, paid receipts from your weight-loss program
 - » Bank or credit card statements
 - » Paycheck stubs (if your club fees are automatically deducted from that account)

Take control of your health.

Talk to your doctor about managing and maintaining your weight. Be sure to check with him or her before starting any weight-loss program.

MEDICARE ADVANTAGE WEIGHT-LOSS BENEFIT FORM

DO NOT WRITE IN THIS SPACE
OFFICE USE ONLY

Please Print All Information Clearly

Member Information (Person in whose name coverage is held)			
Member Identification Number	Last Name	First Name	Middle Initial
Address—Number and Street		City	State Zip Code
Gender	Date of Birth	Month	Day Year
1. <input type="checkbox"/> Male		/	/
2. <input type="checkbox"/> Female			
Class/Program Information (required)			
Name and Address of Qualified Class/Program			
Phone Number of Qualified Class/Program			Calendar Year

Submit claim form for reimbursement for the calendar year by March 31 of the following year.

TOTAL AMOUNT REQUESTED: \$ _____

CERTIFICATION AND AUTHORIZATION (This form must be signed and dated below.)

I certify that the information provided in support of this submission is complete and correct and that I have not previously submitted for these services. I understand that Blue Cross Blue Shield of Massachusetts may require proof of payment for a reimbursement decision. I authorize the release of any information about my qualified weight-loss program to Blue Cross Blue Shield of Massachusetts.

Member’s Signature: _____ Date: _____

Please tear off, fold, and mail this form to the address below:

Blue Cross Blue Shield of Massachusetts
Medicare Advantage Claims Department
PO Box 55007
Boston, MA 02205-5007

SUBMISSION REMINDER

Remember, you can only submit for the Weight-Loss Benefit once per calendar year, filed by March 31 of the following year.

Have you...

- written your Blue Cross Blue Shield of Massachusetts member ID number in the space provided on your reimbursement form?
- included the name and address of the weight-loss class or program?
- signed and dated the completed Weight-Loss Benefit form?

Questions?

For further information, call the Member Service number on the front of your ID card.

Blue Cross Blue Shield of Massachusetts is an HMO and PPO plan with a Medicare contract. Enrollment in Blue Cross Blue Shield of Massachusetts depends on contract renewal.

Benefits, premiums, and/or copayments/co-insurance may change on January 1 of each year.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-678-2265** (TTY: 711).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-800-678-2265** (TTY: 711).



MASSACHUSETTS

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