



MASSACHUSETTS

# DENTAL BLUE<sup>®</sup> ENHANCED DENTAL BENEFITS

We're uniquely positioned to analyze claims data and identify members who might benefit from this total health solution: a program for members with qualifying medical conditions that may require increased oral care. Our Enhanced Dental Benefits offer additional, specific support, including full coverage for preventive and periodontal services that have been connected to improved overall health.

## Good Oral Health Leads to Better Overall Health

Patients who visit a dentist regularly tend to be in better overall health. This is especially important for people with certain medical conditions. For example, treating periodontal disease can help control blood sugar in those with diabetes, reduce the risk of preterm delivery, and limit the severity of heart disease. Dentists can also detect early signs of oral cancer.

Condition	One cleaning or periodontal maintenance, 4 per calendar year <sup>1</sup>	Periodontal scaling, once per quadrant every 24 months <sup>1</sup>	Oral cancer screening, twice per calendar year	Fluoride treatment, 4 per calendar year
DIABETES	✓	✓		
CORONARY ARTERY DISEASE	✓	✓		
STROKE	✓	✓		
PREGNANCY <sup>2</sup>	✓	✓		
ORAL CANCER	✓		✓	✓
SJÖGREN'S SYNDROME	✓		✓	✓
INTELLECTUAL AND/OR DEVELOPMENTAL DISABILITIES <sup>2,3</sup>	✓		✓	✓
MENTAL HEALTH CONDITIONS <sup>2,3</sup>	✓		✓	✓

1. Periodontal maintenance and scaling are available on plans that offer periodontal benefits. There must be at least three months between a periodontal maintenance cleaning and any other cleanings covered under your dental plan, including these Enhanced Dental Benefits.

2. Self-Enrollment is required for this condition. Employees can download the Enhanced Dental Benefits Enrollment Form at [bluecrossma.org/myblue/fast-forms](http://bluecrossma.org/myblue/fast-forms).

3. Intellectual and/or Developmental Disabilities and Mental Health Conditions are being added to benefits on renewal starting October 1, 2023.

**Note:** Certain dental plans cover preventive dental services and Enhanced Dental Benefits at different frequency intervals. Employees should check plan benefits to confirm coverage before scheduling dental services.

## Questions?


To learn more, contact your account executive.

# LOWER YOUR COSTS AND IMPROVE EMPLOYEE HEALTH

Our Enhanced Dental Benefits help members better manage their health, which can lead to increased productivity, decreased absenteeism, and overall lower claims costs.

## ENHANCED DENTAL BENEFITS MAKE A DIFFERENCE

Coronary Artery Disease	Diabetes
<b>30M+</b> people in the U.S. have been diagnosed with heart disease. <sup>4</sup>	<b>37M+</b> people in the U.S. have diabetes. <sup>5</sup>
<b>52%</b> of our members with coronary artery disease use Enhanced Dental Benefits to improve their health. <sup>6</sup>	<b>50%</b> of our members with diabetes use Enhanced Dental Benefits to improve their health. <sup>6</sup>
<b>COST DIFFERENCE OF 24%</b> per year when members with coronary artery disease use dental benefits, vs. those who don't. <sup>7</sup>	<b>COST DIFFERENCE OF 7%</b> per year when members with diabetes use dental benefits, vs. those who don't. <sup>7</sup>

<b>CORONARY ARTERY DISEASE</b> <b>\$8,221</b> PER MEMBER PER YEAR COST DIFFERENCE WHEN RECEIVING DENTAL BENEFITS <sup>7</sup>	 <b>AVERAGE SAVINGS</b>	<b>DIABETES</b> <b>\$994</b> PER MEMBER PER YEAR COST DIFFERENCE WHEN RECEIVING DENTAL BENEFITS <sup>7</sup>
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4. Centers for Disease Control and Prevention, "Summary Health Statistics Tables for U.S. Adults, National Health Interview Survey," 2018.  
5. Ibid., "CDC 2022 National Diabetes Statistics Report," 2023.  
6. Blue Cross Blue Shield of Massachusetts, Overall Book of Business, "Total Health Report," 2022.  
7. Ibid., "2023 HIA Enhanced Dental Benefits Presentation."

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ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).  
ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).  
ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).