



MASSACHUSETTS

Medicare PPO Blue (PPO)

# 2023 BENEFITS OVERVIEW

Drug Copayments

\$10 – \$40 – \$80

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# COVERED SERVICES FOR MEDICARE PPO BLUE (PPO) MEMBERS

The information below provides a summary of the drug and health services covered under this plan. The information is not a complete description of benefits. For more information, please contact your benefit administrator.

Plan Specifics	In Network	Out of Network
<b>Calendar-Year Deductible</b>	\$0	\$0
<b>Out-of-Pocket Maximum</b>	\$3,400 in-network or \$5,100 for combined in- and out-of-network medical services each calendar year—this is the maximum out-of-pocket amounts you pay each year for Medicare-covered services.	
Covered Services	Your Cost for In-Network Services	Your Cost for Out-of-Network Services
<b>Doctor's Office or Telehealth Visits</b>	\$25 per office or telehealth visit	\$45 per visit (telehealth visits not covered)
<b>Inpatient Hospital Care</b> Hospital care for illness or chronic disease for as many days as medically necessary (includes hospital care in a rehabilitation hospital)	\$150 per day—days 1–5 \$0 per day—after day 5	20% of the cost
<b>Emergency Care<sup>1</sup></b> Hospital emergency room visits	\$75 per visit, waived if admitted within 24 hours	\$75 per visit, waived if admitted within 24 hours
<b>Urgently Needed Care<sup>1</sup></b> Doctor's office or telehealth visit (telehealth visits not covered with an out-of-network provider)	\$25 per office or telehealth visit	\$45 per visit (telehealth visits not covered) \$75 per office visit for urgently needed care outside the United States
<b>Skilled Nursing Facility (SNF) Care</b> Medically necessary care up to 100 days per benefit period <sup>2</sup>	\$20 per day—days 1–20 \$100 per day—days 21–44 \$0 per day—days 45–100/per benefit period	20% of the cost
<b>Mental Health and Substance Use</b> Outpatient mental health and substance use care when medically necessary	\$25 per office or telehealth visit through a network provider	20% of the cost (telehealth not covered)
Inpatient care for mental health and substance use	\$150 per day—days 1–5 \$0 per day—after day 5	20% of the cost

1. Emergency and Urgently Needed Care are available worldwide.

2. A benefit period begins with the first day of a Medicare-covered inpatient hospital stay and ends with the close of a period of 60 consecutive days during which you were not an inpatient of a hospital or a skilled nursing facility.

Covered Services	Your Cost for In-Network Services	Your Cost for Out-of-Network Services
<b>Annual Physical Exam</b>	\$0	\$45 copay
<b>Medicare-Covered Preventive Care and Screening Tests</b>	\$0	\$0
Mammography screening every 12 months	\$0	20% of the cost
Routine gynecological exam once every 24 months	\$0	20% of the cost
Prostate cancer screening exam once per year	\$0	20% of the cost
<b>Routine Dental Services</b> Preventive routine dental care limited to one initial and periodic oral exam, one cleaning, (prophylaxis only — does not include periodontal cleaning) and one set of bitewing X-rays twice in a calendar year	\$0 per visit	\$45 per visit
<b>Hearing Services</b> Routine diagnostic hearing exam once every 12 months	\$0 per visit with a TruHearing provider	\$45 per visit
Hearing aids: Up to two TruHearing® • branded hearing aids every year (one per ear per year). Benefit is limited to TruHearing's Advanced and Premium hearing aids. You must see a TruHearing provider to use this benefit.	\$699 or \$999 copay per aid	No coverage
<b>Vision Care</b> Routine refractive eye exam once every 12 months	\$0 per visit with an EyeMed® vision provider	\$45 per visit
Eyewear once every 24 months up to a \$200 maximum	All costs over \$200	All costs over \$200
<b>Other Medicare-Covered Health Services</b> Home health services (non-custodial)	\$0	20% of the cost
Durable medical equipment	10% of the cost (no cost for diabetes equipment and supplies*)	20% of the cost (no cost for diabetes equipment and supplies*)

\*Coverage for diabetic test strips and blood glucose monitors is limited to OneTouch® products when purchased at participating retail and mail order pharmacies, otherwise you pay all costs. For additional information, contact Member Service or refer to your Evidence of Coverage.

# COVERED SERVICES FOR MEDICARE PPO BLUE (PPO) MEMBERS

Covered Services	Your Cost for In-Network Services	Your Cost for Out-of-Network Services
Prosthetic devices and ostomy supplies	10% of the cost	20% of the cost
Outpatient diagnostic test and X-rays	\$10 for cost of lab tests; \$150 per day for CT scans, MRIs, PET scans, and nuclear cardiac imaging tests (imaging costs are waived when performed on the same day as an emergency visit or outpatient day surgery); \$10 for X-rays and other diagnostic tests	20% of the cost of lab tests, X-rays and other diagnostic tests 40% of the cost of CT scans, MRIs, PET scans, and nuclear cardiac imaging tests
Outpatient radiation therapy	\$0	20% of the cost
Outpatient surgery	\$150 per visit	20% of the cost
Physical, occupational, and speech therapy	\$15 per visit	20% of the cost
<b>Podiatry Services</b> Medicare-covered services	\$25 per visit	\$45 per visit
<b>Chiropractic Services</b> Manual manipulation of the spine to correct subluxation	\$20 per visit	\$45 per visit
<b>Health and Wellness Programs</b> Disease-specific health and wellness education	\$0	\$0
Smoking cessation counseling	\$0	\$45 per visit
<b>Health Promotion Programs</b> Eligible health club membership, exercise equipment, or exercise classes (up to \$150 maximum each calendar year)	You pay any balance in excess of the \$150 limit.	You pay any balance in excess of the \$150 limit.
Eligible weight-loss program (up to \$150 maximum each calendar year)	You pay any balance in excess of the \$150 limit.	You pay any balance in excess of the \$150 limit.

Covered Services	Your Cost for In-Network Services	Your Cost for Out-of-Network Services
<b>Prescription Drug Coverage<sup>3, 4</sup></b> <b>At a participating retail pharmacy</b> <b>(up to a 30-day supply)<sup>4</sup></b>	\$10 for generic drugs \$40 for preferred drugs \$80 for non-preferred drugs	Available under special circumstances: \$10 for generic drugs \$40 for preferred drugs \$80 for non-preferred drugs
<b>Through a participating mail service</b> <b>pharmacy (up to a 90-day supply)</b>	\$20 for generic drugs \$80 for preferred drugs \$160 for non-preferred drugs	Available under special circumstances: \$20 for generic drugs \$80 for preferred drugs \$160 for non-preferred drugs

- After your total yearly drug costs reach \$4,660, you will receive a discount on drugs and generally pay no more than 25% for the plan’s costs for brand drugs and 25% of the plan’s costs for generic drugs until your yearly out-of-pocket drug costs reach \$7,400. Thereafter, you pay the greater of 5% of the cost of the drug or \$4.15 for generics or drugs treated like generics, and \$10.35 for all other drugs. Cost sharing adjustments will be applied automatically at the point of sale for qualified members.
- Prescription drugs may be available at retail pharmacies up to a 90-day supply. If available, calculate the copayment charge for each 30-day supply. Refer to the Evidence of Coverage for more details.

## IMPORTANT MESSAGE ABOUT WHAT YOU PAY FOR VACCINES

Our plan covers most Part D vaccines at no cost to you. Call Member Service for more information.

## IMPORTANT MESSAGE ABOUT WHAT YOU PAY FOR INSULIN

You won’t pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it’s on.

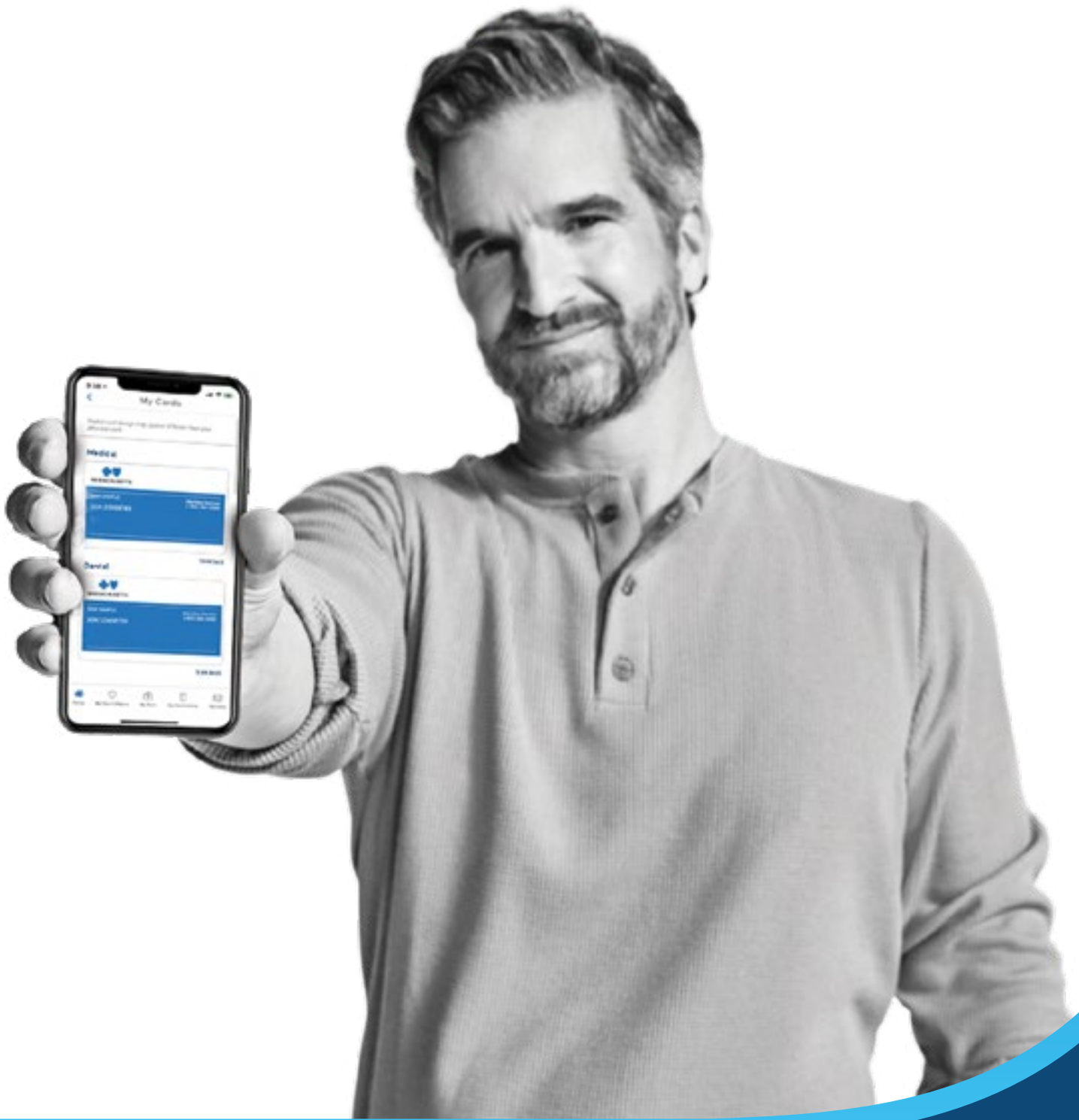
# MEMBER ELIGIBILITY

To enroll in the plan, retirees must be entitled to Medicare Part A and enrolled in Medicare Part B. In addition, retirees must permanently reside in the plan service area. Blue Cross Blue Shield of Massachusetts’ plan service area includes all 50 states, excluding U.S. territories. Network providers may not be available in some states or in portions of a state within the plan service area; in such cases network cost sharing typically applies.

### To locate a participating network provider:

- Call the Member Service phone line during regular business hours, or
- Use our **Find a Doctor** tool at [bluecrossma.org](http://bluecrossma.org) to find a Medicare Advantage PPO provider.





## GET THE MYBLUE APP

YOU CAN DOWNLOAD THE MYBLUE APP FROM  
THE APP STORE® OR GOOGLE PLAY™

# NONDISCRIMINATION NOTICE

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. It does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation or gender identity.

## BLUE CROSS BLUE SHIELD OF MASSACHUSETTS PROVIDES:

- Free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print or other formats).
- Free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact the Medicare Advantage Appeals and Grievance Manager.

If you believe that Blue Cross Blue Shield of Massachusetts has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Medicare Advantage Appeals and Grievance Manager by mail at P.O. Box 55007, Boston, MA 02205; phone at **1-800-200-4255** (TTY: **711**) from April 1 through September 30, 8:00 a.m. to 8:00 p.m., Monday through Friday, or October 1 through March 31, 8:00 a.m. to 8:00 p.m., seven days a week; fax at **617-246-8506**; or email at **MedicareAdvantageRXAppeals@bcbsma.com**. You can file a grievance in person, by mail, fax, email, or you can call **1-800-200-4255** (TTY: **711**).

If you need help filing a grievance, the Medicare Advantage Appeals and Grievance Manager is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights online at **ocrportal.hhs.gov**; by mail at U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201; by phone at **1-800-368-1019** or **1-800-537-7697** (TDD).

Complaint forms are available at **hhs.gov**.

## PROFICIENCY OF LANGUAGE ASSISTANCE SERVICES

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-200-4255**. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al **1-800-200-4255**. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务, 帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务, 请致电 **1-800-200-4255**。我们的中文工作人员很乐意帮助您。这是一项免费服务。

**Chinese Cantonese:** 您對我們的健康或藥物保險可能存有疑問, 為此我們提供免費的翻譯服務。如需翻譯服務, 請致電 **1-800-200-4255**。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasalang-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa **1-800-200-4255**. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au **1-800-200-4255**. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi **1-800-200-4255** sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter **1-800-200-4255**. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 **1-800-200-4255** 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.



**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону **1-800-200-4255**. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

**Arabic:** إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على **1-800-200-4255**. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

**Hindi:** हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें **1-800-200-4255** पर फोन करें। कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है। यह एक मुफ्त सेवा है।

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero **1-800-200-4255**. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portuguese:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número **1-800-200-4255**. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-200-4255**. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer **1-800-200-4255**. Ta usługa jest bezpłatna.

**Japanese:** 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、**1-800-200-4255** にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

Blue Cross Blue Shield of Massachusetts is an HMO and PPO plan with a Medicare contract. Enrollment in Blue Cross and Blue Shield depends upon contract renewal.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

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## QUESTIONS?

### Member Service

1-800-200-4255 (TTY: 711)

April 1 through September 30, 8:00 a.m. to 8:00 p.m. ET,  
Monday through Friday.

October 1 through March 31, 8:00 a.m. to 8:00 p.m. ET,  
seven days a week.

[bluecrossma.com/medicare](https://bluecrossma.com/medicare)

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-200-4255** (TTY: **711**).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-800-200-4255** (TTY: **711**).

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