



MASSACHUSETTS

# DIABETES CARE VALUE PROGRAM

## A convenient approach to better diabetes management

The Diabetes Care Value program can help you adhere to your medication and take greater control of your health.

Powered by:



## HOW IT WORKS

We've partnered with Express Scripts®, an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts, to give you access to:

- A remote monitoring glucometer with mobile app
- Express Scripts pharmacists who specialize in diabetes

## PROGRAM ELIGIBILITY

If you're eligible for the Diabetes Care Value program, Express Scripts will contact you with instructions on how to opt in.

## Questions?

Call Member Service at the number on the front of your member ID card.

## KNOWLEDGE THROUGH NUMBERS

### Remote Diabetes Monitoring from Express Scripts



Sync your Bluetooth®-enabled OneTouch Verio® Flex Glucometer with the OneTouch Reveal® mobile app to record your blood sugar levels regularly.

#### Features of the OneTouch Verio Flex:

- Provided to you at no additional cost
- Logs test results and stores them within the app for easy reference
- Securely transmits data to Express Scripts' diabetes specialists

Adults living with diabetes who don't take their medication as prescribed experience:

1.5X

HIGHER EMERGENCY ROOM VISIT COSTS<sup>1</sup>

1.6X

HIGHER HOSPITAL COSTS<sup>1</sup>

### DID YOU KNOW?



30 million adults in the U.S. are currently managing either type 1 or type 2 diabetes.<sup>2</sup>



33% of adults with diabetes don't take their medications regularly.<sup>3</sup>



Not taking prescribed diabetes medications adds \$210 million in annual health care costs.<sup>4</sup>

1. Express Scripts, "Report: Adherence to Diabetes Rx," 2017.  
2. Centers for Disease Control and Prevention, "National Diabetes Statistics Report," 2017.  
3. Express Scripts, "Drug Report," 2016.  
4. Express Scripts, "Diabetes Dilemma: U. S. Trends in Diabetes Medication Use," 2017.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).  
ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).  
ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).